

The SOCIAL

by **sodexo***

MONDAY Week 1

Kerala Chicken Curry
Chicken Jalfrezi
Chicken Rogan josh
Quorn rogan Josh
Quorn Jalfrezi
Sweet Potato & Chickpea Curry
Spicy Beef Enchilada
Cheese & Tomato Omelette,
Plain Omelette
Apple Cinnamon Crumble with Custard Sauce

TUESDAY

Freshly Made Beef Burgers
Grilled Peppered Chilli Chicken & Salsa
Roast Vegetable Khobez Flat Bread
Strawberry Ice Cream Tub
Fresh fruit topping


WEDNESDAY

Roast Loin of Pork or Roast Chicken Leg
Roast Beef, Roast turkey or
Roast Gammon
Salmon & Spinach Filo Tart
Roast Quorn Fillet & Gravy
Lemon Drizzle with Lemon Sauce

THURSDAY

Jerk Chicken (2 Pieces)
Jerk Chicken Wings (5 Pieces)
BBQ Pulled Pork & Pink Coleslaw Bun
BBQ Pulled Quorn & Pink Coleslaw Bun
Reggae Reggae Three Bean Chilli
Mango Cheesecake Pot

FRIDAY

Oven Baked Breaded Pollack 
Freshly battered Hoki
Fish Fingers
Phat Pasty Sausage Roll 6"
Quorn Hot Dogs
Freshly Made Pancakes, Ready Made Pancakes
Fruit Topping, Fruit of Forest Topping and Honey

Served with a range of Potatoes, Vegetables or Salad

Sandwiches, Baguettes, & Salads are available daily

A range of cold desserts, assorted fresh fruit, cakes & cookies are available daily

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MONDAY **Week2**

Spiced Butter Chicken Leg
Tuna & Sweetcorn Pasta Bake
Quorn & Roasted Cherry Tomato Bake
Fresh Treacle Sponge with Vanilla Ice-Cream Tub

TUESDAY

Traditional Lasagne
Pork Sausages in Red Onion Gray
Macaroni Cheese
Natural Frozen Yoghurt, Strawberry Frozen Yoghurt, Mango Frozen Yoghurt
and Fresh Fruit Topping

WEDNESDAY

Roast Chicken Joint
Roast Loin of Pork
Ham & Mushroom Carbonara
Korean Stir Fried Vegetables & Noodles
Strawberry Eaton Mess

THURSDAY

Minced Beef Fajita
Chili Con Carne
Bean & Vegetable Fajita
Fruity Feast Flapjack with Custard Sauce

FRIDAY

Baked Breaded Pollack
Grilled Mackerel & Tomato Salsa
Baked Salmon with lemon
Mushroom Stroganoff
Sweet Belgian Waffle, Chunky Banana Topping

Served with a range of Potatoes, Vegetables or Salad

Sandwiches, Baguettes, & Salads are available daily

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MONDAY Week 3

Thai Green Chicken Curry
Braised Beef Meatballs in Tomato Sauce
Ratatouille, Bean & Cheese Quesadillas
Butterscotch Meringue Crunch

TUESDAY

Beef Bolognese Fusilli Bake
BBQ Pulled Pork & Coleslaw Bun
Vegetarian Chimichangas, Sweet Chilli Sauce
Strawberry Trifle Pot

WEDNESDAY

Roast Beef, Pork or Turkey
Warm Chicken Caesar Salad
Sweet Potato & Chickpea Curry
Chocolate & Banana Sponge with Chocolate Custard

THURSDAY

Chicken in Black Bean Sauce, Beef in Black Bean Sauce
Slow Braised Chinese Pork with Noodles
Asian Stir Fried Vegetables
Five Spice Apple Fool Pot

FRIDAY

Oven Baked Breaded Pollack
Oven Baked Salmon Nuggets (5 Pieces)
Fish Fingers
Grilled Hoki & Parsley Butter
Phat Pastry Sausage Roll
Pizza Vegetarian Calzone
Vanilla Ice-Cream Tub, Fresh Fruit Topping

Served with a range of Potatoes, Vegetables or Salad

Sandwiches, Baguettes, & Salads are available daily

A range of cold desserts assorted fresh fruit, cakes & cookies are available daily

