

# PE A-level AQA Exam Board



## Why Study PE?

If you love playing sports, have bundles of energy and enjoy learning about movement then studying PE at A level could be a career move for you. But, physical education is not just about performing, in fact this course does not entail practical participation in school. This is to be performed regularly outside of the school environment and you will video your performance when able to contribute towards this course.

However, in the classroom you will gain many valuable skills from studying physical education that will help you in other subjects as well as your future career.



## Assessment Structure

### Paper 1: Factors affecting participation in physical activity and sport

Section A: Applied anatomy and physiology

Section B: Skill acquisition

Section C: Sport and society

- Written exam: 2 hours
- 105 marks
- 35% of A-level

### Paper 2: Factors affecting optimal performance in physical activity and sport

Section A: Exercise physiology and biomechanics

Section B: Sport psychology

Section C: Sport and society and technology in sport

- Written exam: 2 hours
- 105 marks
- 35% of A-level

### Non-exam assessment: Practical performance in physical activity and sport

Students assessed as a performer or coach in the full sided version of one activity.

Plus written/verbal analysis of performance.

- Internal assessment, external moderation
- 90 marks
- 30% of A-level

## Possible Career Pathways:

Physical Education lends itself to a range of careers in sports and fitness as well as other industries that you may not have considered before. For example, did you know that many nutritionists, physical therapists and chiropractors have a degree in PE?

- Sports science
- PE teacher
- Physiotherapist
- Professional sports person
- Sports coach/consultant
- Sports policy at local and national level
- Diet and fitness instructor
- Personal trainer

## Advised Entry Requirements:

Those who have achieved a minimum of a '6' in GCSE PE, Science, English and Maths. Distinction at BTEC, a minimum of a Merit. Those who take part in sport at an advanced level (a minimum of club regular participation)

## Specification Link

<https://www.aqa.org.uk/subjects/physical-education/as-and-a-level/physical-education-7582>