



**From this Sunday's Readings ,27th Sunday in Ordinary Time Year B
(Hebrews 2:9-11)**

But we see Jesus, who for a little while was lower than the angels, crowned with glory and honour because of the suffering of death, so that by the grace of God he might taste death for every one. For it was fitting that he, for whom and by whom all things exist, in bringing many sons to glory, should make the pioneer of their salvation perfect through suffering. For he who sanctifies and those who he sanctifies have all one origin. That is why he is not ashamed to call them family.

This is the Word of the Lord



Prayer One

The Sign of the Cross

**Let us remember that everything we do is
In the name of the Father, and of
the Son, and of the Holy Spirit. Amen**



Reflection:

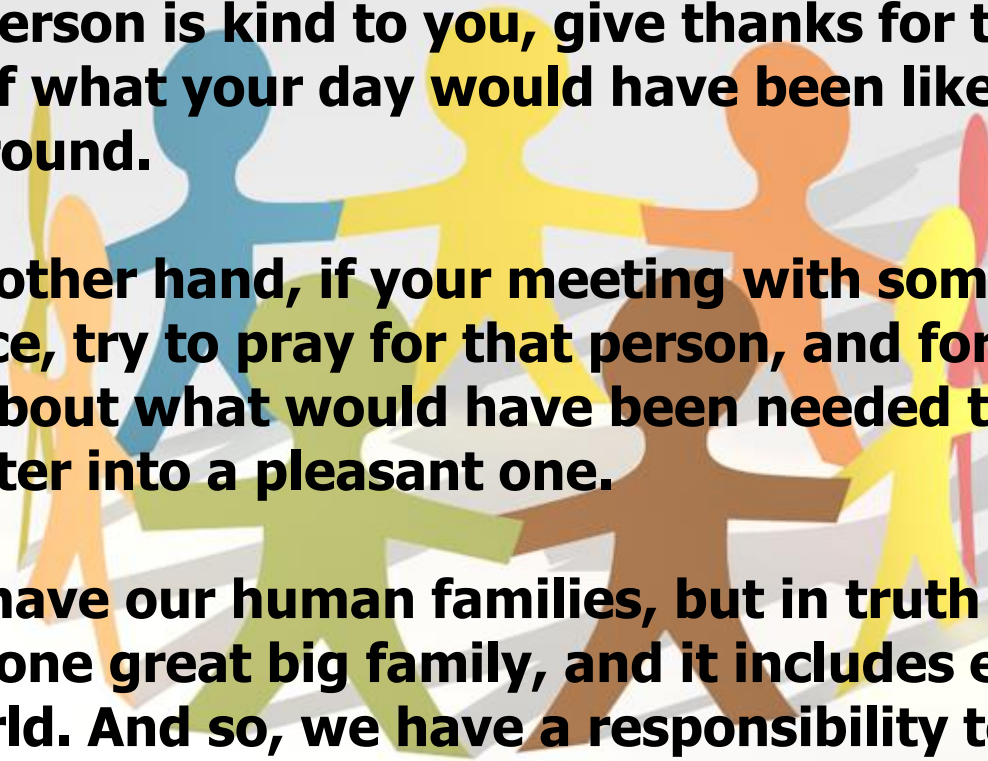
***This week's theme is FAMILY... A
chance to think about the people we
love and the people who love us.***

Try to challenge yourself today to think about every person that you talk to.

If the person is kind to you, give thanks for them and ask yourself what your day would have been like had they not been around.

On the other hand, if your meeting with somebody isn't very nice, try to pray for that person, and for yourself. Think about what would have been needed to make the encounter into a pleasant one.

We all have our human families, but in truth we are all part of one great big family, and it includes everyone in the world. And so, we have a responsibility to reach out to, and to care for each other person; to cherish those we get on well with, and to grow closer to those we find more difficult.



Final Prayer

Loving Father,

Through your power and love you made each one of us. In your grace you gave us all a heart to love, and in your wisdom you gave us all a community to look after us. Watch over all your people, and over all the communities in which they are involved. Help us all to see everybody you have created as family, and help us to treat them with love, respect and charity.

In the name of the Father and of the Son...



Prayer Two

The Sign of the Cross

**Let us remember that everything we do is
In the name of the Father, and of
the Son, and of the Holy Spirit. Amen**

Reflection

When we talk about family we are not always talking about the people we are related to, but often we are talking about a whole range of people with whom we share something special.



You are invited this morning to take a few moments to think about the following questions. Each one of them asks us about somebody who we should probably see as family.

[Please read slowly, pausing after each]

Do we see those who are suffering around us as family?

Do we see those people in far away parts of the world as family?

Do we see those we find difficult as family?

And what about people at home... those who are our more obvious families, like our parents, brothers and sisters? We almost certainly see them as family, but do we always love them as much as we should? What stops us?



Final Prayer

Loving Father,

All we ask this day is that you give us generous and loving hearts. We thank you for your blessings, and we ask that we may be a blessing to others.

In the name of the Father and of the Son...





Prayer Two

The Sign of the Cross

**Let us remember that everything we do is
In the name of the Father, and of
the Son, and of the Holy Spirit. Amen**

Reflection:

***On Monday this week we celebrate the Feast of
Our Lady of the Rosary. This is why October is
known as the month of the Rosary***



October is a time to remember Mary, and also a time to perhaps try to reconnect with one of our most ancient prayer traditions: The Rosary.

It has been prayed since St Dominic's time in the 12th century. The first rosary was prayed as we do today, a person would pass their fingers over each bead and say a "Hail Mary" or "Our Father" according to which bead they were holding

Pop into the Chapel if you want to have a go at making your own Rosary or if you want to join our Rosary Prayer Club

Holy Mary Mother of God... Pray for us!



**Idea for an Activity- make your own rosary beads (One decade)
Resources available from Chaplaincy**



You will need:

- **Pipe cleaners**
- **Small craft beads**
- **scissors**

- Place 10 beads of your choice onto a pipe cleaner
- Bring the pipe cleaner around into a circle and twist it shut
- Place on one more bead for the our father
- Cut off the extra piece and twist it around to make the cross, trim of the excess where necessary.

Final Prayer



Hail Mary, full of grace.

The Lord is with you.

**Blessed are you among women,
and blessed is the fruit of your
womb, Jesus.**

**Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.**



Final Thought...



Next weeks theme: Lasting Treasure