



Catholic Social Teaching in PE



Human Dignity

The PE curriculum supports the value of human dignity by encouraging our students to be virtuous. Students learn about the importance of forgiveness towards others and the value of sportsmanship.



Solidarity

Participation in team sports fosters an understanding of how interdependent members of a team are. Our Sports Leaders course encourages empathy by placing the students in the role of a coach or teacher. Encourages a collective responsibility through participation in sport.



Stewardship

Sports and activities can have such a positive impact, not just on someone's physical health, but their mental health too. Opportunities to lead in many lessons and help others through coaching and leadership.



Participation

Our department covers many concepts through the values of Motivation, Teamwork, Resilience, Respect and Integrity, Confidence and Respectability and Accountability.



The Common Good

Through team sports such as Rugby, our students learn that the whole is greater than the sum of its parts. This notion is explored further at A-level where students learn about group behaviour and team cohesion. Our curriculum provides all students with the same opportunity to participate in the same activities and sports.



Rights and Responsibilities

Fixtures and inter house competitions such as form sport or sports day, or the marathon provides young people with opportunities for face-to-face encounters while they are engaging in an activity that stirs passions. In such a context, they must learn to exercise self-control and how to manage conflicts within the team.



Option for the Poor

Learning about physical activity, the rules and officiating in all activities gives an overview of how sport supports life. Organisation of inter and intra sports competitions, spare PE kit, Extra-curricular provision after school and knowing how physical activity helps the NHS is important for understanding, explored more and GCSE and A level.